



**National Institute of
Environmental Health Sciences**

2nd Annual NIEHS Conference on
Obesity and the Environment

Medicine • Disparities • Behavior • Schools • Families • Communities • Activity • Nutrition



Environmental Solutions to Obesity in America's Youth

June 1-2, 2005

**The Washington Convention Center
Washington, DC**

The rise in childhood obesity is due to complex interactions across a number of environmental contexts that influence eating and physical activity (IOM 2004). This environment is characterized by:

- Urban and suburban designs that discourage physical activity.
- Economic and time pressures on families that result in frequent consumption of convenience foods.
- Reduced access to and affordability of nutritious foods in some communities.
- Decreased opportunities for walking or biking to, at, or after school.
- Increased sedentary screen time.

The second annual NIEHS national conference on obesity and the environment will highlight the effectiveness of environmental interventions aimed at reducing obesity in youth.

Conference Topics:

- What approaches support a healthy physical and nutritional environment for youth?
- What are effective prevention and treatment strategies?
- How can we act on the best available evidence?
- How can the environment be modified to promote healthier eating and increased physical activity?
- How can environmental interventions address disparities in the prevalence of overweight and obesity?
- What can we do to develop and enhance public-private partnerships?

**For more information, visit the conference website
<http://www.niehs.nih.gov/drcpt/events/oe2005/>**

U.S. Department of Health and Human Services
National Institutes of Health
National Institute of Environmental Health Sciences